

DAILY ROUTINE

OILY - ACNE SKIN

Pu		DAILY ROUTINE FOR OILY - ACNE SKIN	
		<h1>Juliette Armand</h1> <p>THE PERSONAL PROFESSIONAL SKINCARE</p>	
		MORNING	NIGHT
Cleanse		Clarifying Face Foam	Clarifying Face Foam
Spot Treatment		Clarifying Acne Stick	Clarifying Acne Stick
Moisturiser		Hydra Mattifying Acne Gel	Hydra Calming Cream
Eyes		Eye Multivitamin Shine Cream	Eye Multivitamin Shine Cream
Exfoliate		(twice a week) Green Argile Exfoliating Acne Mask	
Mask		(once a week) Green Argile Exfoliating Acne Mask	

How to Apply in Easy Steps

STEP 1: Cleanse Clarifying Face Foam

APPLICATION

USE: Daily, Morning and Night. Pour a small pea sized amount onto the fingertips Then disperse over dampened face and neck, massage using gentle circular movements. Thoroughly rinse off with lukewarm water by hand or using a soft cloth. Pat face dry with towel. For easy use, put it in the shower.

STEP 2: Spot Treatment Night: Clarifying Acne Stick

APPLICATION

USE: Night after Clarifying Face Foam. Roll onto spots and pimples and when dry apply Hydra Calming Cream.

STEP 3: Moisturise Morning: Hydra Mattifying Acne Gel

APPLICATION

USE: Daily. Morning after Clarifying Face Foam. Apply as small amount onto fingers and massage gently onto face.

Night: Hydra Calming Cream

APPLICATION

USE: Daily. Night after Clarifying Face Foam. Apply a small amount onto fingers and massage gently onto face.

STEP 4: Eye Care

Morning & Night Eye Care: Eye Multivitamin Shine Cream

APPLICATION

USE: Daily, Morning and Night following Moisturiser. Apply a few drops onto ring fingers, pat around each eye area including crow's feet. Can also be applied around lip area. Do not apply too close to the eye or eyelid.

Continue with;

MORNING: Hydra Mattifying Acne Gel

NIGHT: Hydra Calming Cream

WEEKLY CARE

Weekly Exfoliation & Mask: Green Argile Exfoliating Acne Mask

APPLICATION

USE: Once a week at night. Apply a small amount (size of 20 cent piece) directly onto face and neck. Leave for 10-15 minutes. Thoroughly wash off with lukewarm water. Apply Clarifying Stick, eye cream, moisturiser.