

DAILY ROUTINE

INTENSIVE ANTIAGEING 30YRS +

SkinBoosters		DAILY ROUTINE FOR INTENSIVE ANTIAGE 30 YEARS +	
		<h1 style="margin: 0;">Juliette Armand</h1> <p style="margin: 0; font-size: small;">THE PERSONAL PROFESSIONAL SKINCARE</p>	
		MORNING	NIGHT
Cleanse		Hydra Cleansing Milk	Hydra Cleansing Milk
Tone		Cleansing Toner Lotion	Cleansing Toner Lotion
Serum		Chronus Anti-Ageing Correct Serum	Chronus Anti-Ageing Correct Serum
Moisturiser		Chronus Anti-Ageing Correct Cream	Chronus Anti-Ageing Correct Cream
Eyes		Opsis Anti-Ageing Eye Cream	Opsis Anti-Ageing Eye Gel
		Crow's Feet / Wrinkles:	
Exfoliate		(twice a week)	Dermabrasion Exfoliating Gel
Mask		(once a week)	Lifting Mask

How to Apply in Easy Steps

30 YRS +

STEP 1: Cleanse Hydra Cleansing Milk

APPLICATION

USE: Daily Morning and Night. Pour a small pea sized amount onto the fingertips. Then disperse over dampened face and neck, massage using gentle circular movements. Thoroughly rinse off with lukewarm water by hand or using a soft cloth. Pat face dry with towel. It can be used as a daily cleanser or as a first step to remove makeup. For easy use, keep it in the shower. Continue with Cleansing Toner Lotion.

STEP 2: Tone Cleansing Toner Lotion

APPLICATION

USE: Daily Morning and Night after Hydra Cleansing Milk. Pour a pea sized amount onto a cotton pad. Then wipe gently using upward and outward movements over face and neck. Do not rinse off. Can be poured into a small spray bottle and can be spritzed over face and neck instead of a cotton pad or use as hydration spray during the day. Continue with Chronus Hydra Correct Serum when dry.

STEP 3: Serum Chronus Anti-Ageing Correct Serum

APPLICATION

USE: Daily Morning and Night after Cleansing Toner Lotion. Apply a few drops to fingertips and apply to face and neck using upwards and outwards strokes. Pat into skin. Around each eye, apply only to the eye socket. Continue with Eye cream/gel.

STEP 4: Eye Care

Morning & Night Eye Care:

Opsis Anti-Ageing Eye Cream/ Opsis Anti-Ageing Eye Gel

APPLICATION

USE: Daily Morning and Night following serum. Apply a few drops onto ring finger, pat around each eye area including crow's feet. Can also be applied around lip area. Do not apply too close to the eye or eyelid. Continue with Day or Night Cream.

STEP 5: Moisturise

Morning & Night Care: Chronus Anti-Ageing Correct Serum Chronus Anti-Ageing Correct Cream

APPLICATION

USE: Morning and Night after Eye Serum/Cream. Apply a small pea sized amount to fingertips and apply to face and neck following using upward and outward motions. Do not apply too close to the eyes.

WEEKLY CARE

Weekly Exfoliation: Dermabrasion Exfoliating Gel

APPLICATION

USE: Once or twice a week for gentle exfoliation. Following cleansing, apply a small amount to fingertips and apply to face and neck. Massage gently in circular motions avoiding eye area. Thoroughly wash off using lukewarm water follow with toner, serum, eye cream, moisturiser.

Weekly Mask: Lifting Mask

APPLICATION

USE: Once a week at night. Apply a small amount (size of 20 cent piece) directly onto face and neck after applying serum, gently massage for a couple of minutes. Leave for 10-15 minutes. Thoroughly wash off with lukewarm water. Apply toner, serum, eye cream, moisturiser.